

**Basic Package**  
**FULLY SUBSIDIZED** *for all staff*

**BIOMETRIC  
PARAMETERS**

Coronary Heart Risk Assessment

Lifestyle Assessment

Height & Weight (BMI)

Blood Pressure

Waist-hip Ratio

Basic Eye Check

- Vision test (with and without corrective eyewear)
- Assessment of pupil reflexes
- Eye muscle function check
- Peripheral (side) vision test

**BLOOD AND  
STOOL ANALYSIS**

Random Blood Glucose

Haemoglobin A1C (HbA1C)

Total Cholesterol

HDL Cholesterol

LDL Cholesterol (direct)

Cholesterol/HDL Ratio

Triglycerides

Stool Occult Blood for staff aged 50 and above

### Optional Comprehensive Packages

|                       |  | A              | B       | C        | D        | E        | F        |  |
|-----------------------|--|----------------|---------|----------|----------|----------|----------|--|
|                       | <i>Corporate Price with GST</i>                  | \$31.61        | \$70.85 | \$119.90 | \$196.20 | \$288.85 | \$376.05 |  |
| <i>URINE ANALYSIS</i> | Urine Feme                                       | •              | •       | •        | •        | •        | •        |  |
|                       | Urine Microalbumin                               |                | •       | •        | •        | •        | •        |  |
|                       | Urine Creatinine                                 |                | •       | •        | •        | •        | •        |  |
|                       | Urine Microalbumin to Creatinine Ratio           |                | •       | •        | •        | •        | •        |  |
| <i>BLOOD ANALYSIS</i> | Full Blood Count                                 | •              | •       | •        | •        | •        | •        |  |
|                       | Kidney Function Test                             | •              | •       | •        | •        | •        | •        |  |
|                       | Liver Function Test                              | •              | •       | •        | •        | •        | •        |  |
|                       | eGFR   | •              | •       | •        | •        | •        | •        |  |
|                       | Gout Screen                                      | •              | •       | •        | •        | •        | •        |  |
|                       | Bone Disease                                     | •              | •       | •        | •        | •        | •        |  |
|                       | Rheumatoid Factor                                |                | •       | •        | •        | •        | •        |  |
|                       | Hepatitis A                                      |                | •       | •        | •        | •        | •        |  |
|                       | Hepatitis B                                      |                | •       | •        | •        | •        | •        |  |
|                       | Thyroid Function (FT4, TSH)                      |                | •       | •        | •        | •        | •        |  |
|                       | <u>Tumour Markers &amp; Stomach Ulcer Screen</u> |                |         |          |          |          |          |  |
|                       |  | 1. AFP - Liver |         |          |          |          |          |  |
|                       |  | 2. CEA - Colon |         |          |          |          |          |  |
|                       | 3. PSA - Prostate (Male)                         |                |         |          |          |          |          |  |
|                       | 4. CA125 - Ovaries (Female)                      |                |         |          |          |          |          |  |
|                       | 5. CA19.9 Pancreas                               |                |         |          |          |          |          |  |
|                       | 6. EBV IgA - Nose                                |                |         |          |          |          |          |  |
|                       | 7. Beta-HCG – Testicular (Male)                  |                |         |          |          |          |          |  |
|                       | 8. CA15.3 - Breast (Female)                      |                |         |          |          |          |          |  |
|                       | 9. Stomach Ulcer - Helicobacter Pylori           |                |         |          |          |          |          |  |
|                       | <u>Heart Screen</u>                              |                |         |          |          |          |          |  |
|                       | - Apolipoprotein A                               |                |         |          |          |          |          |  |
|                       | - Apolipoprotein B                               |                |         |          | •        | •        | •        |  |
|                       | - Apo B/A1 Ratio                                 |                |         |          |          |          |          |  |
|                       | - HsCRP  |                |         |          |          |          |          |  |
|                       | <u>Deficiency Screen</u>                         |                |         |          |          |          |          |  |
|                       | - Vitamin D                                      |                |         |          |          |          |          |  |
|                       | - Vitamin B12                                    |                |         |          |          | •        | •        |  |
|                       | - Folate   |                |         |          |          |          |          |  |
|                       | - Iron   |                |         |          |          |          |          |  |
| <i>CHOICE OF:</i>     | Mammogram  |                |         |          |          |          | Choice   |  |
|                       | Ultrasound Breast/Prostate/Abdomen/Pelvis        |                |         |          |          |          | of 1     |  |
|                       | Treadmill  |                |         |          |          |          |          |  |

**Ala Carte Onsite Optional Tests**

 Corporate Price *with GST*

Hepatitis A Screen \$16.35

Hepatitis B Screen \$16.35

Thyroid Disorder \$20.71

## Tumour Marker Screen/ Stomach Screen

- Ovarian/ Prostate (CA125/PSA)
- Nose (EBV-IgA)
- Pancreas (CA19.9)
- Testicular/Breast (Beta-HCG/ CA153)
- Colon & Lungs (CEA)
- Liver (AFP)
- Helicobacter Pylori

 \$20.71 *each*

## Deficiency Screen

- Vitamin D
- Vitamin B12
- Folate
- Iron

\$109

**Ala Carte Offsite Optional Tests**

 Corporate Price *with GST*

Tonometry \$20.71

Resting Electrocardiogram \$20.71

Chest Xray \$20.71

Breast Ultrasound \$92.65

Abdominal Ultrasound \$98.10

Prostate Ultrasound \$92.65

Pelvis Ultrasound \$92.65

Thyroid Ultrasound \$92.65

Kidney Ultrasound \$92.65

Kidney &amp; Bladder Ultrasound \$92.65

Liver Ultrasound \$92.65

Mammogram \$92.65

Treadmill \$136.25

Back of the eye examination (Retinal Photography) \$38.15

**Comprehensive Eye Check Package**

- Slit Lamp\*
- Tonometry
- *Binocular Indirect Ophthalmoscopy*
- *Doctor's Consultation*

\$327

*\*Slit Lamp cannot be done alone and needs to be paired with the above for a full eye examination*

ThinPrep \$38.15

## Appendix

| TEST                 | BREAKDOWN  |
|----------------------|--|
| BLOOD CHOLESTEROL    | Total Cholesterol<br>HDL Cholesterol<br>LDL cholesterol (direct)<br>Cholesterol/HLD Ratio<br>Triglycerides                                   |
| URINE ANALYSIS       | Full and Microscopic Examination of Urine<br>Urine Microalbumin & Creatinine Ratio (UMI)   |
| FULL BLOOD COUNT     | Haemoglobin<br>RBC (RCC)<br>WCC (TWDC)<br>5 Part Differential Count<br>Platelet Count<br>PCV<br>MCH/MCV<br>MCHC<br>Blood Film Comment<br>ESR |
| KIDNEY FUNCTION TEST | Sodium<br>Potassium<br>Chloride<br>Urea<br>Creatinine<br>Bicarbonate<br>eGFR   |
| LIVER FUNCTION TEST  | Total Protein<br>Albumin<br>Globulin<br>A/G Ratio<br>Total Bilirubin<br>Alkaline Phosphatase<br>ALT<br>AST<br>Gamma GT                       |
| GOUT SCREEN          | Uric acid  |
| BONE DISEASE         | Calcium<br>Phosphate   |
| JOINT SCREEN         | Rheumatoid Factor  |
| HEPATITIS A SCREEN   | Hepatitis A Antibody (HAV IgG)   |
| HEPATITIS B SCREEN   | Hepatitis B Surface Antigen (HBsAg)<br>Hepatitis B Surface Antibody (HBsAb)  |
| HEPATITIS C SCREEN   | Hepatitis C Antibody (HCV)   |
| THYROID DISORDER     | Free Thyroxine (Free T4)<br>TSH  |
| CARDIAC PROFILE      | HS CRP<br>Apo B/A1 Ratio<br>Apolipoprotein A<br>Apolipoprotein B   |
| DEFICIENCY SCREEN    | Vitamin D<br>Vitamin B12<br>Folate<br>Iron   |